## SHAC Meeting Minutes

November 2, 2023
The Student Health Advisory Committee met in the GRISD Technology Building for the scheduled meeting. Members present included: Janan Stephenson, Teri Teaff, Brittny Sanders, Credence Baker, Lindsay Williams, and Josh Williams.

Guest: Donna McCarty Texas Department of Health
New Business: This is the first meeting of the 2023-2024 school year.
Mrs. Stephenson began the meeting with a PowerPoint that detailed information regarding the district wellness policy and plan. The location of these documents was previewed online and members were shown where to find them on the Glen Rose website. This will be the year for the Triennial Assessment of the Wellness Policy (and Plan). Mrs. Stephenson had print outs of the wellness plan which is 13 pages long. Members were shown the wellness plan online. The wellness policy is a board policy that directs the wellness plan. The plan is the implementation of the policy and can be modified as deemed necessary by the committee. Several websites that have information regarding the triennial assessment were previewed by the committee. There were two options of assessment tools provided for the committee to see and one was blank and had areas to write the plan goals in and then evaluate them (not in place, partially in place, fully in place). The other option was a tool that some other districts have used. It has a checklist for evaluating the policy/plan. With it, each school in the district would be evaluated separately. The group discussed this and did like the way that this plan had identified checkpoints already listed. We discussed using this and also going through the plan goals for a more in-depth assessment.

Our guest, Donna McCarty from the Texas Department of Health, was just here to observe the meeting in order to gather any information she might offer from the TDHS.

The group will begin the assessment at the next meeting date.
Next meeting: Thursday December 7, 2023

