

Sport Medicine 1 - Bo Bryant ATC, LAT

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- **Welcome to Sports Medicine!** This course is designed to instruct identification, treatment, rehabilitation, and prevention of athletic injuries and illnesses.
 - Students will be able to recognize common athletic injuries and illnesses
 - Students will be able to recognize signs & symptoms of environmental conditions and hazards as well as emergency medical situations.
 - Students will obtain a basic knowledge and understanding of human anatomy and associate it with the care and prevention of athletic injuries.
 - Students shall demonstrate appropriate use of preventative and protective taping, wrapping, and bracing skills.
- **Supplies:** Pen/pencil, notebook/notebook paper, folder/binder to keep it all in
- **Conference:** 7th period (1:53-2:42pm)
- **Grades:** Tests – 70%; Daily work – 30%
- **Homework:** There will be none
- **Late assignments:** Assignments turned in late will be deducted 5 points each day after the assigned due date. This should not be a problem because all work will be completed in class.
- **Make up work:** Students are required to ask for missed assignments the day they return to class and ask a fellow classmate for the missed notes.
- **Cell Phones:** Cell phones should be kept in the student's bag/purse/pocket until classwork has been completed. All electronic devices will be turned in to the front of the room on exam days.
- **Cheating/Plagiarism:** NOT TOLERATED! Cheating earns a zero on the assignment and automatic discipline referral
- **Sports Medicine Course Outline:**
 - The Concept of Sports Injury
 - The Athletic Health Care Team
 - The Law on Sports Injury
 - Sports Injury Prevention
 - The Psychology of Athletes and Sports Injury
 - Nutrition
 - Emergency Plan and Initial Injury Evaluation
 - The Injury Process
 - Injuries:
 - Head, Neck & Face; Back; Shoulder; Arm, Wrist, Hand; Chest & Abdomen; Hip/Pelvis; Upper & Lower leg; Knee; Ankle & Foot; Skin conditions; Thermal injuries; Adolescent Athletes