Glen Rose ISD

Elementary LUNCH-SEPTEMBER 2019

Aug 18, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		Aug - 14 SPAGHETTI AND MEAT SAUCE CORN DOG ITALIAN GREEN BEANS BABY CARROTS ROMAINE SALAD FRUIT,FRESH ASSORTED GRAPE SALAD BREAD WG MILK - Variety	Aug - 15 CHICKEN NUGGETS FISH NUGGETS Mac & Cheese BAKED BEANS BABY CARROTS BROCCOLI, STEAMED SLICED APPLES PINEAPPLE TIDBITS MILK - Variety SALAD BAR	Aug - 16 HAMBURGER HOT DOG ON A BUN POTATO SMILES BURGER SALAD (ELEM) RANCH BEANS VEGGIE SIDEKICK FRUIT,FRESH ASSORTED MILK - Variety
Aug - 19 SALISBURY STEAK CHICKEN RINGS MASHED POTATOES GREEN BEANS BABY CARROTS FRUIT,FRESH ASSORTED DICED PEACHES WHEAT ROLLS MILK - Variety	Aug - 20 FIESTA SALAD CHEESE PIZZA Spanish Rice PINTO BEANS LETTUCE TOMATOES DICED SALSA CHEDDAR CHEESE ONIONS FRUIT,FRESH ASSORTED APPLESAUCE CUP MILK - Variety	Aug - 21 PASTA PIZZA BAKE CHEESY BREAD MINI CORN DOGS ROMAINE SALAD CELERY STICKS GREEN PEAS FRUIT,FRESH ASSORTED MANDARINE ORANGES MILK - Variety	Aug - 22 CHICKEN STRIPS TERIYAKI BEEF DIPPERS8929151 RICE CORN BROCCOLI W/CHEESE BABY CARROTS FRUIT,FRESH ASSORTED PINEAPPLE TIDBITS BREAD WG MILK - Variety	Aug - 23 HAMBURGER PEPPERONI PIZZA OVEN FRIES BURGER SALAD (ELEM) BAKED BEANS CELERY STICKS FRUIT,FRESH ASSORTED Strawberry & Kiwi (fresh) MILK - Variety
Aug - 26 STEAK FINGERS BREADEDCHICKENDRUM STICK9 MASHED POTATOES GRAVY GREEN BEANS CARROTS FRUIT,FRESH ASSORTED PEACH CUP BREAD WG MILK - Variety	Aug - 27 CHICKEN & CHILI CRISPITO CHEESE PIZZA Spanish Rice PINTO BEANS CORN ROMAINE SALAD FRUIT,FRESH ASSORTED APPLESAUCE CUP MILK - Variety SALAD BAR BAKED POTATO	Aug - 28 CHICKEN & CHEESE PASTA CHICKEN NUGGETS ITALIAN GREEN BEANS ROMAINE SALAD BABY CARROTS FRUIT,FRESH ASSORTED FRUIT COCKTAIL HONEY WHEAT BREADSTICKS MILK - Variety	Aug - 29 CHICKEN FAJITA NACHOS CHICKEN FLAUTA BROCCOLI W/CHEESE CELERY STICKS CARROT STICKS BLACK-EYED PEAS W/SNAPS FRUIT,FRESH ASSORTED PINEAPPLE TIDBITS MILK - Variety SALSA SALAD BAR	Aug - 30 HAMBURGER CORN DOG TATOR TOTS BAKED BEANS BURGER SALAD FRUIT,FRESH ASSORTED FRUIT SIDEKICK MILK - Variety SALAD BAR

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**
*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.