

GLEN ROSE ISD HEALTH SERVICES

Student Health Guidelines

In an effort to safeguard your child's health and the health of all the children in our school, please review the following health related information. Please save this information, as these guidelines should be used as a reference point to aid you in making a sound decision in whether or not to send your child to school.

Please assess your child's level of wellness before sending him/her to school. Your cooperation in this regard will help to stop the spread of infection among students and staff.

STREP THROAT – Students may return to school 24 hours after the first dose of antibiotic therapy has been started, in accordance with your doctor's orders. The student must feel well enough to attend school, and must not present with any other symptoms, such as an elevated temperature. All cases of strep must be reported to the school nurse.

FEVER- As per State Regulations, students may return to school when his/her temperature has been less than 100 degrees for at least 24 hours, without having taken medication to lower the temperature. If this is not the case, the child should remain at home. Please do not give fever reducing medication prior to sending the child to school.

HEAD COLD/NASAL CONGESTION- The student should remain at home if he/she is too uncomfortable to complete class work and participate.

VOMITING/DIARRHEA- Children should be symptom free for a full 24 hours and able to hold down food and fluids before returning to school.

SKIN RASH- if your child exhibits a skin rash of undetermined origin please consult your physician before sending the child to school. A doctor's note may be required to return to school.

CONJUNCTIVITIS (Pink Eye) - if your child has the symptoms of conjunctivitis, they will be sent home from school. If treated by a physician, the student can return to school after 24 hours if symptom free.

CHICKENPOX- The child may return to school when all lesions are dry or upon written release from the doctor.

INJURIES/ER VISITS- All students, who are injured, whether at home, school or during recreational sports should bring written medical clearance from the doctor to return to school. Students who are seen or treated in the emergency room should obtain a written note from the doctor stating that the student is able to return to school and any restrictions from PE or recess.